



SIROTA'S ALCHEMY - RICHMOND

MARTIAL ARTS CENTRE

www.SirotasAlchemy.com ~ Tel: 604-244-8842

Class Schedule

(Effective October 14th, 2016)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Private Lessons Available - Please Inquire</i>	YOUTH/ADULT All Levels 12:00 - 1:00		YOUTH/ADULT All Levels 12:00 - 1:00		PARA-TKD DEMO 9:45 - 10:35	CHILDREN All Levels 9:45 - 10:35
TINY TIGERS (ages 4 - 6) 4:20 - 4:55		SPECIAL NEEDS (ages 4 - 7) 4:20 - 4:55	TINY TIGERS (ages 4 - 6) 4:20 - 4:55		CHILDREN/YOUTH Special Needs 10:35 - 11:25	TINY TIGERS (ages 4 - 6) 10.45 - 11:20
CHILDREN White Belts 5:00 - 5:50	CHILDREN White/Orange Belt 5:00 - 5:50	CHILDREN Orange & up 5:00 - 5:50	CHILDREN White/Orange Belts 5:00 - 5:50	CHILDREN/YOUTH Special Needs 5:20 - 6:10	CHILDREN Orange & Up 11:30 - 12:20	CHILDREN/YOUTH Special Needs 11:30 - 12:20
CHILDREN Orange & up 6:00 - 6:50	SPARRING Yellow & Up 6:00 - 6:50	CHILDREN/YOUTH Special Needs 6:00 - 6:50	CHILDREN Yellow & up 6:00 - 6:50	TINY TIGERS (ages 4 - 6) 6:20 - 6:55	CHILDREN White Belts 12:30 - 1:20	
YOUTH/ADULT All Levels 7:00 - 8:00	CHILDREN/YOUTH Special Needs 7:00 - 7:50	YOUTH/ADULT All Levels 7:00 - 8:00		YOUTH/ADULT All Levels 7:00 - 8:00	YOUTH/ADULT All Levels 1:30 - 2:30	<i>Private Lessons Available - Please Inquire</i>

Please Note: Sirota's Alchemy will be closed on all Statutory Holidays. Sirota's Alchemy may cancel or alter the class schedule for special occasions & circumstances

