



# SIROTA'S ALCHYMY - VANCOUVER

MARTIAL ARTS CENTRE

[www.SirotasAlchymy.com](http://www.SirotasAlchymy.com) ~ Tel: 604-569-3395

## Class Schedule

(effective February 1<sup>st</sup>, 2023)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>TINY TIGERS</b> 3:30 – 4:05				<b>SPECIAL NEEDS</b> <i>Juniors</i> 10:00 – 10:35	<b>CHILDREN</b> <i>All Ranks</i> 10:00 – 10:50
	<b>SPECIAL NEEDS</b> <i>Juniors</i> 4:15 – 4:50	<b>TINY TIGERS</b> 4:30 – 5:05	<b>White/Orange</b> <i>Children Age 7+</i> 4:15 – 5:05	<b>SPECIAL NEEDS</b> <i>Juniors</i> 4:15 – 4:50	<b>TINY TIGERS</b> 10:45 – 11:20	<b>TINY TIGERS</b> 11:00 – 11:35
<b>White/Orange</b> <i>Children Age 7+</i> 5:00 – 5:50	<b>White/Orange</b> <i>Children Age 7+</i> 5:00 – 5:50	<b>SPECIAL NEEDS</b> <i>Juniors</i> 5:15 – 5:50	<b>TINY TIGERS</b> 5:15 – 5:50	<b>SPECIAL NEEDS</b> <i>Children/Youth</i> 5:00 – 5:50	<b>SPECIAL NEEDS</b> <i>Children/Youth</i> 11:30 – 12:20	
<b>Yellow - Black</b> <i>All Ages</i> 6:00 – 6:50	<b>Yellow - Black</b> <i>All Ages</i> 6:00 – 6:50	<b>White/Orange</b> <i>Children Age 7+</i> 6:00 – 6:50	<b>Yellow – Black</b> <i>All Ages</i> 6:00 – 6:50	<b>Para-Taekwondo</b> <b>Demo Team</b> 6:00 – 6:50	<b>White &amp; Orange</b> <i>Children Age 7+</i> 12:30 – 1:20	
<b>SPECIAL NEEDS</b> <i>Children/Youth</i> 7:00 – 7:50	<b>BLACK BELT LEADERSHIP</b> 7:00 – 7:50	<b>Youth/Adult</b> <i>All Levels</i> 7:00 – 7:50	<b>SPECIAL NEEDS</b> <i>Children/Youth</i> 7:00 – 7:50	<b>Youth/Adult</b> <i>All Levels</i> 7:00 – 7:50	<b>Youth/Adult</b> <i>All Levels</i> 1:30 – 2:20	
					<b>Yellow – Black</b> <i>Children</i> 2:30 – 3:20	

**Please Note:** Sirota's Alchymy will be closed on all Statutory Holidays  
Sirota's Alchymy may cancel or alter the class schedule for special occasions & circumstances